



<p>Thank you for attending the 2023 HWS Championships. If you have any questions about anything in this meet information packet, please contact Macawley Knappenberger (knappenberger.m@pburgsd.net) or Tracy Herdlein (herdlein.tracy@pburgsd.net).</p>	
Participating School Districts in Conference	<i>Hunterdon Central, Phillipsburg, North Hunterdon, Vernon, Newton- Lenape Valley, High Point, Warren Hills, Belvidere, Hackettstown, Pope John, Sparta, Kittatinny, Voorhees, Del Val, Walkkill Valley, South Hunterdon.</i>
Date:	Saturday January 21, 2023 (Snow Date: Sunday, January 22, 2023)
Location & Facilities	<p>Phillipsburg Elementary School 525 Warren Street Phillipsburg, NJ 08865</p> <p>The pool is a six-lane, 25-yard pool with a Colorado Timing System and anti-wave lane lines.</p> <p>Lockers will be available on a first-come basis; swimmers are to provide their own locks (The Phillipsburg School District is not responsible for lost or stolen property).</p>
Time	<p>7:45 am: Doors open to Teams; coaches pick up packets</p> <p>8:00 am: Warm-ups Begin, Pool opens for spectators</p> <p>10:00 am: Meet Starts</p>
Warm-ups	Coaches, please make sure your swimmers exit the pool through the locker rooms and dry off. At no time should swimmers be in the hall wet. Coaches may run their own supervised 25 yd. sprints in their assigned lanes/times; one-way starts only. Thanks for your cooperation!
Timers	Timers with their own watches should report to starting area at 9:40 for timers meeting.
Spectators	May enter the pool via the outside pool door located at the far left of the back door (marked) beginning around 8:00. Anyone needing wheelchair or walker access, please park in front of the school and come through the front doors of the school.
Awards	We will have awards bagged up for coaches to pick up at the end of the meet.
Rules	<p>NFHS Rulebook: Presided over by Referee, Starter, stroke and turn judges, and NJSIAA Guidelines</p> <p>The Meet will run with girls and boys alternating events</p>
Entries, Fees and	<ul style="list-style-type: none"> Each Team may enter up to 4 individual entries in each event

Deadlines	<ul style="list-style-type: none"> ○ 500 Free – Girls Event- Times should not exceed 8:00; Boys Event – Times should not exceed 6:00 ● Each swimmer is permitted to enter up to 2 individual events and 2 relays, or 1 individual event and 3 relays. ● Each team may enter up to 1 relay for each event. Up to 4 swimmers and 4 alternates may be entered for each relay. Only swimmers listed as alternates will be eligible to swim in place of a designated swimmer on a relay team if that swimmer is unable to swim. Non-qualifying swimmers may swim in relays; however, each relay must contain at least 1 qualifying swimmer. ● All entries should be verifiable, accurate yard times from NJSIAA –sanctioned high school meets from the current season. ● Once the entries are received the meet manager /HyTek manager will seed all events and print out psych sheets. These will be posted on the HWS website the Thursday prior to the meet. Once entries are confirmed no changes/additional/modifications can be made to any team entries. ● Email HyTek entries to: Richard McCormick at rmccormi@verizon.net ● Any questions about meet entries, please email or text Rich @ (610) 972-9447 <p>ENTRIES MUST BE RECEIVED BY MONDAY 1/16/2023 @ 8:00PM</p>
Scoring and Awards	<ul style="list-style-type: none"> ● Standard scoring (through 12th Place) ● A championship/first place trophy is presented to the top scoring boys and girls team ● An MVP trophy will be awarded to the top girl and top boy swimmers. If there is a tie both athletes will be recognized as MVP ● All events: Medals 1-3
Important Information	<ul style="list-style-type: none"> ● Coaches should pick up check-in forms at the score table upon arriving ● Coaches should follow positive check-in procedure: On the check-in form, swimmers who are present and swimming get a line through their name; swimmers who are scratching get their name circles with SCR written next to their name ● Check-in forms are due back to the score table 30 minutes before each start time ● After putting in scratches, the score table reseeds the meet and prints out heat sheets and time sheets ● The warm-up schedule will be posted on the HWS website the Thursday prior to the event ● Each team is responsible for providing 1 timer for the duration of the meet. (This one position can be shared amongst multiple parents from their team) for a total of 14 timers (2 for each lane and 2 backup timers) If there is a need for additional timers (due to missing teams, for example), an additional timer should be provided by the team(s) with the most entries.



Hunterdon-Warren-Sussex Swimming Championships

Hunterdon Central, North Hunterdon, Phillipsburg, Voorhees, Warren Hills, Bevidere, Del Val,
High Point-Walkkill Valley, Kittatinny, Newton-Lenape Valley, Pope John, Sparta, Vernon

	<ul style="list-style-type: none">• Teams provide their own stopwatches• There will be a timer's meeting 15 minutes prior to the start of the meet• Teams will be housed in the gymnasium adjacent to the pool. Swimmers will be marshalled to the pool area when it is time for their event.• This event will be live-streamed. The link will be on the HWS website.
Programs	\$2.00- will be sold in stands after Heat sheet is finalized
Hospitality room	There will be a room adjacent to the pool with light snacks and water for referees and coaches.
Directions to Our Facility	Phillipsburg Elementary School 525 Warren Street Phillipsburg, NJ 08865
Contact Person	Tracy Herdlein Herdlein.Tracy@pburgsd.net (908) 339-7121 (cell) Macawley Knappenberger Knappenberger.m@pburgsd.net (570) 905-3128 (cell)
Concessions	There will be a full concession stand for swimmers as well as spectators. The cafeteria will be open for all dining. There will be no eating in pool area.