



Cross Country Championships 2022

At Phillipsburg PAC
Thursday, October 20, 2022

Race Times

B & G Frosh (3K) – 10:00 am

Varsity Girls – 10:30 am

Varsity Boys – 11:00 am

JV Girls – 11:30 am

JV Boys – 12:00 pm

Note: You must field a Varsity Team (min 5, max 7) prior to entering a JV team.

Girls run first on even years- Boys run first on odd years.



Coaches: Please submit your Rosters to MileSplitNJ by 8:00 pm, October 19, 2022

Award Ceremony after the last JV race near the finish line.

Awards:

-H/W/S Championship Trophy to Girls and Boys Team + 7 Medals.

–#1 Trophy to individual Boy and Girl

–Medals for individual places 2-7 in Varsity races.

You may make arrangements to practice at the course by sending and email:

Osifchin.joann@pburgsd.net

fleming.kyle@stateliners.org

Or calling the Phillipsburg HS Athletic Department: 908-454-3400 x 7080

Any questions please contact:

Brian Baumann – Voorhees – 638-6116 ex:7401

bbaumann@nhvweb.net

Directions To the PAC:

From the north – Rt 46 to County Rt 519 to PAC on right just past the Lopatcong Pool.

From Rt 57 west- follow Rt 57 west into Phillipsburg where it merges onto Rt 22 – follow directions below to PAC

From Rt 78 West – Take Exit 3 - Phillipsburg to Rt 22 west- exit on Roseberry Street follow Roseberry Street to the end – PAC is across the street

Bus Parking: All buses will drop off their teams at the PAC and park buses in the designated area.

Spectator Parking: All parking will be directed by workers on the site, please park only in the areas that you are directed to park in.